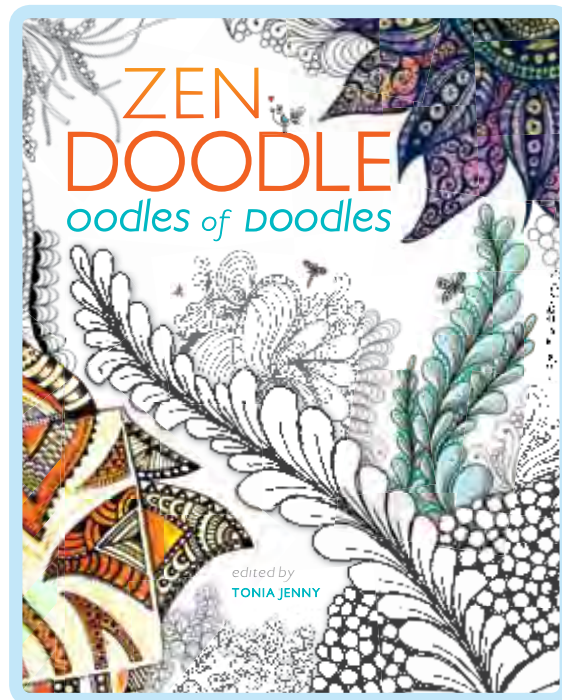


# ZEN DOODLE

*oodles of doodles*

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Bonus content



zen doodle oodles of doodles  
EDITED BY TONIA JENNY

## KISS-KISS GIRL 2

**RAE ANN WILLIAMS**

6" x 6" (15cm x 15cm)

*Bee Paper Super Deluxe 93#, Micron*

*#08 pen,*

*Prismacolor Ebony Pencil*

After doing my first doodle girl, I was so pleased that I thought I would do another. I love doing any kind of doodles, but the idea of doing people was very intriguing.



1 As with my first girl, I again start by using a Micron 08 pen on Bee Super Deluxe 93# paper, and start by drawing the face. The eyes face downward and I decided to keep a heart for the lips to create a whimsical.

2 Doodle the hair and headband with random patterns, tangles and designs.

3 Finish by detailing the kimono and using a Prismacolor pencil for shading



## KISS-KISS GIRL 3

**RAE ANN WILLIAMS**

6" x 6" (15cm x 15cm)

*Bee Paper Super Deluxe 93#, Micron*

*#08 pen,*

*Prismacolor Ebony Pencil*

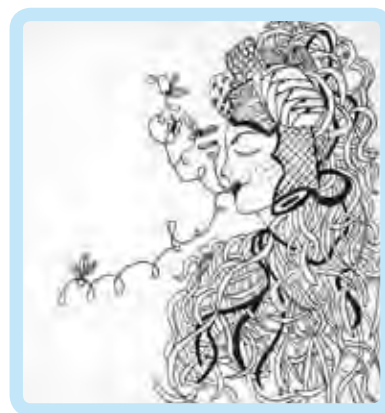
This Zen Doodle is part of a series of girls that I was inspired to do because of my mom. The first two girls turned out well enough that I thought I should do a third one.



1 As with my first two, I start by drawing the face with a Micron 08 pen on Bee Super Deluxe 93# paper. To give her character, I have her eyes face downward and add heart-like lips.



2 Next, I do the hair and headband by doodling random patterns. For this girl, I let the hair completely cover her, eliminating the need for clothing.



3 I finish up with a Prismacolor pencil for shading.



silence

**DAWN HOWELL**

20" × 30" (51cm × 76cm)

*Faber-Castell Pitt pens and graphite on foamboard*

When I create art, it's hard for me to conform to any rules. When I discovered Zen Doodle, I found it put me in a very meditative state. All your concentration goes into what you are creating—almost like hypnosis.

*The most  
important thing  
you can do is to  
make one mark . . .  
then keep going!*

**—DAWN HOWELL**



1 Start on the upper left corner of your tile. Draw some tentacle arms, similar to an octopus.



2 Begin curving the lines to crisscross with one another.



3 Add some curved, solid black lines to the inside of the tentacled designs to give them a striped look.



1 Start on the bottom edge of your paper and draw a line that goes up and bends over. Add a circular or ball shape to the end of the line where the curve stops.



2 Draw another line, close to the first one, that almost meets up with the first line near the top.



3 Color in the portion of one side of your design. Continue to draw more of these designs so that some begin to crisscross behind one another until it looks like grass.

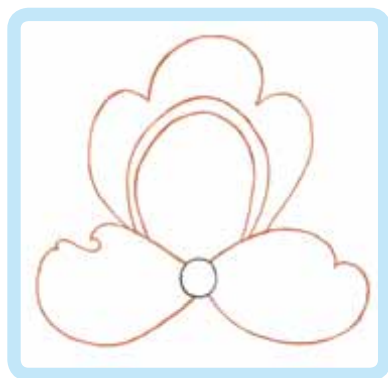
# untitled

**JULIA OLSEN**

4" x 4" (10cm x 10cm)

Charcoal pencil soft and Sakura Pigma micron black 01 and 03 on smooth white 80-lb. (170gsm) card stock

I always start with one to three circles, following my impulses for placement and sizes—large or small. This is similar to the way Zentangles start with a string. Then I build onto the circles to create a basic flower form. Next I add stems and leaf forms, and add onto it from there. Follow your creative impulses; there is no right or wrong in art or meditation.



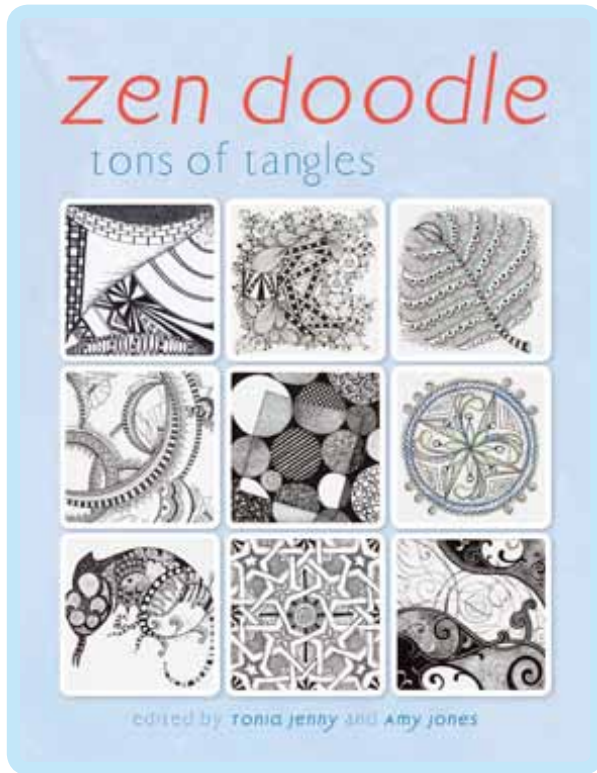
1 Draw a circle and add simple petal-like shaped embellishments.



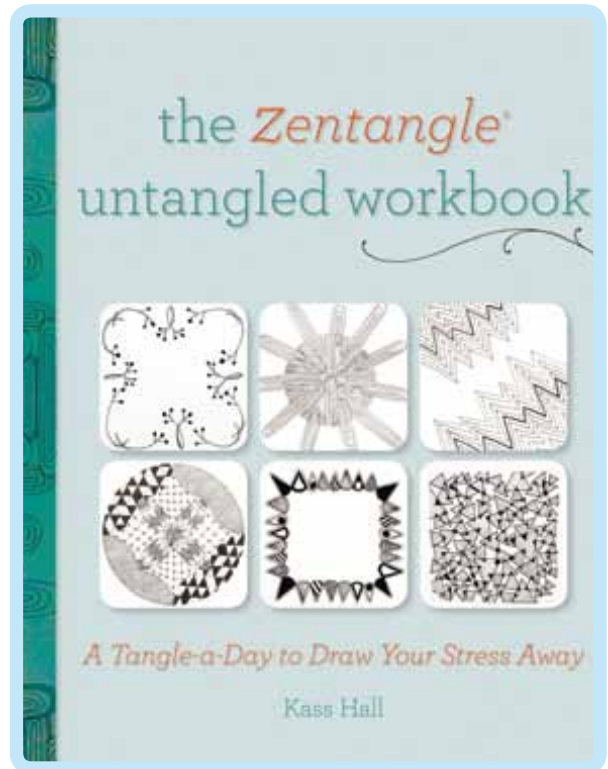
2 Add simple flourishes, leaves and stems to the inside of the petal-like shapes.



3 Keep adding strokes, Zentangle designs or shading.

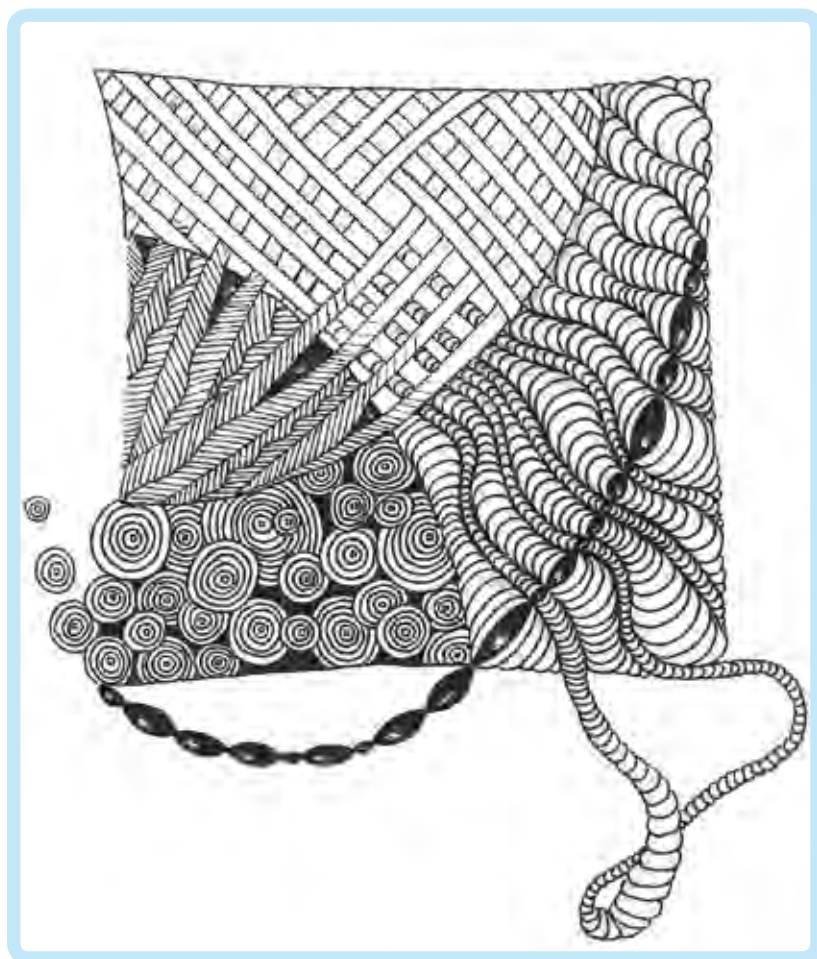


Discover more doodles, tangles and designs with the help of these three books available now at [NorthLightShop.com](http://NorthLightShop.com)!

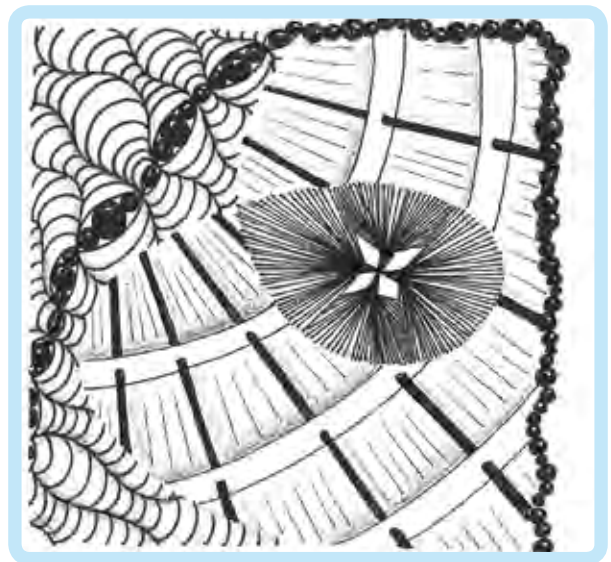
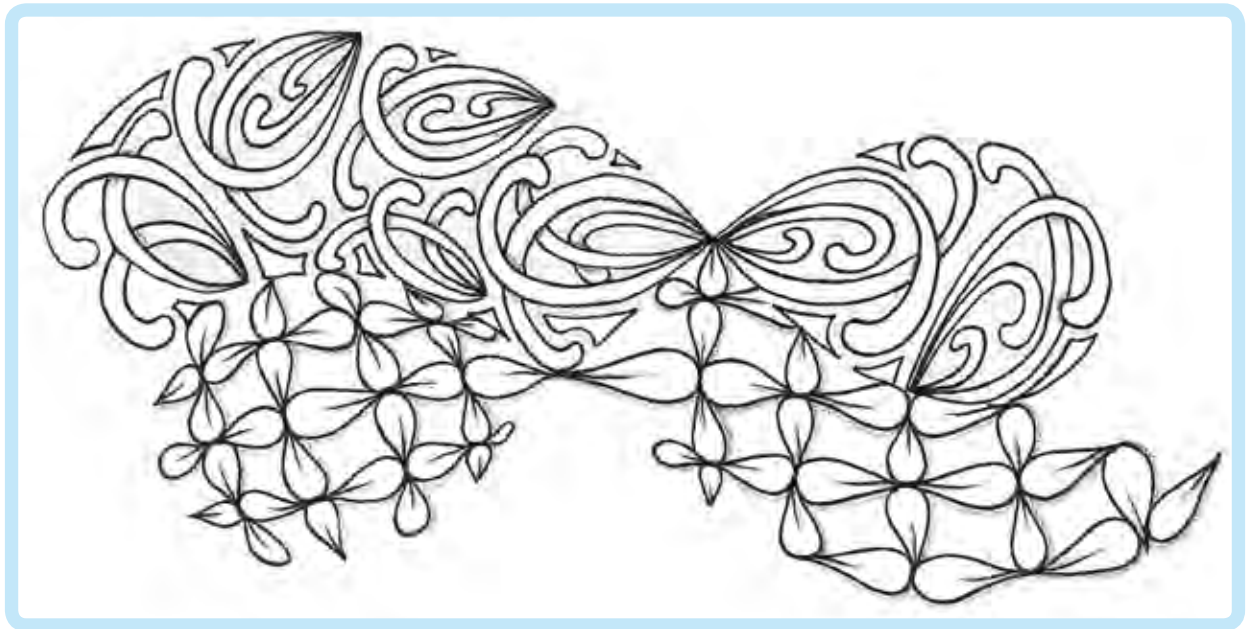


Eden M. Hunt

More art from this artist can be found in **Zen Doodle Oodles of Doodles** on pages 36, 40-41, 114-115 or by visiting her website at [KillingTheVampire.wordpress.com](http://KillingTheVampire.wordpress.com).







Alice Hendon, CZT

More art from this artist can be found in **Zen Doodle Oodles of Doodles** on pages 10, 12, 31, 104-105 or by visiting her website at [TheCreatorsLeaf.com](http://TheCreatorsLeaf.com).

